

# Obligatory Prayers

Fast Learning Technique



# Pray

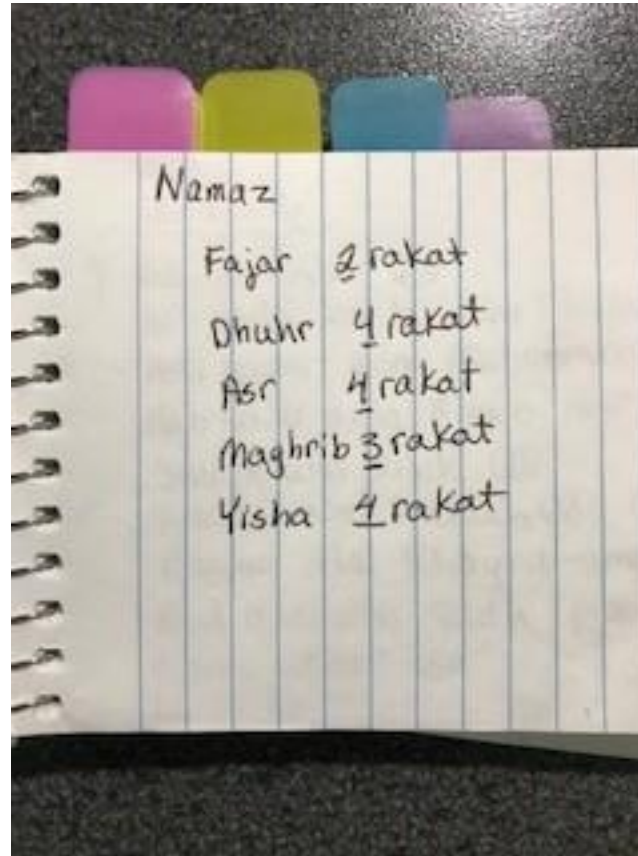
- Ask Allah to bless you and make it easy for you to be pleasing to Him
- Ask Imam Mahdi for help in your effort to be his servant
- Ask any Imam for help (I ask alot from Imam Sajjad....)

# Gather Materials

- Laptop or mobile
- Pen
- Small notebook (7.6cm x 12.7 cm) which can be held easily in one hand
- Stick on Tabs

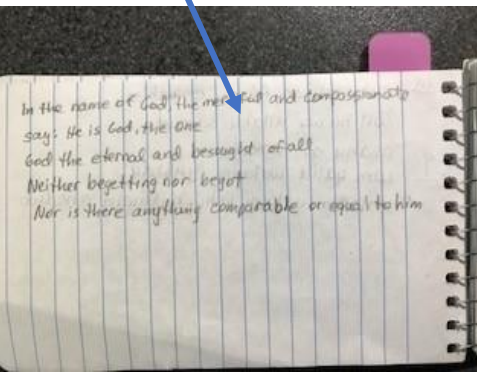
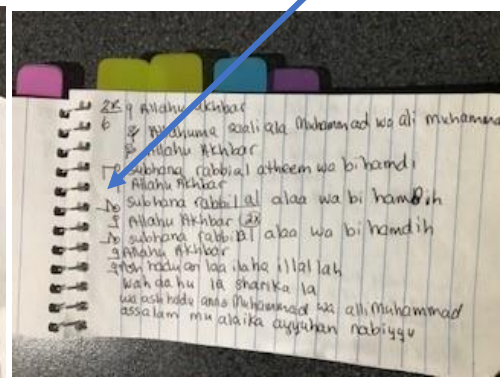
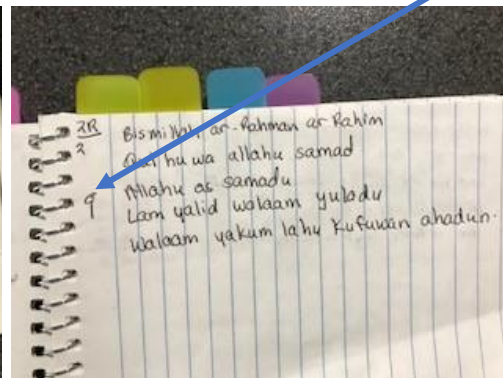
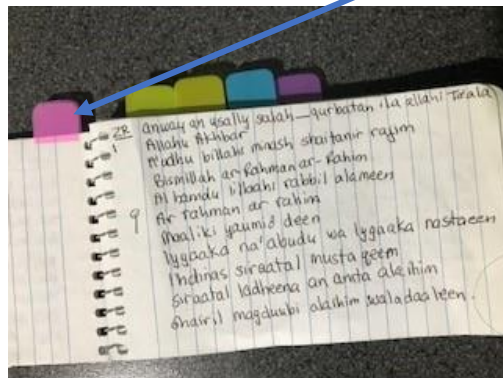
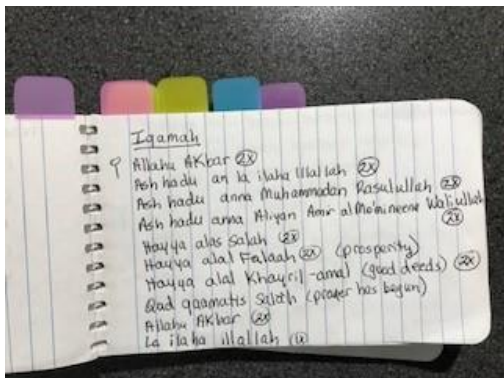


List each prayer and number of cycles on first sheet



# Write each part of prayer on separate sheet

- Start with 2 cycle prayer
  - Write each part of prayer on separate sheet (opening, Quran recitation, prayer, salutation, closing) in Arabic. Not all pages shown below... just an example.
  - Place a stick symbol to indicate body and hand position with each change in position
  - Write translation into your native language on the back of each sheet
  - Mark the beginning and end of or each cycle with colored tab
  - **Web addresse on next page shows all cycle parts as well as english translation sources**
- Repeat for 3 cycle prayer
- Repeat for 4 cycle prayer



# Complete set of 2, 3 and 4 cycle prayer video, with Arabic sub-titles in latin letters (3 part video)

[https://www.youtube.com/watch?v=9dOCV2g\\_1ks&list=PL0bj143Y4Xyk4luwxYHJgxMaUkRQ\\_8EUV&index=34&t=0s](https://www.youtube.com/watch?v=9dOCV2g_1ks&list=PL0bj143Y4Xyk4luwxYHJgxMaUkRQ_8EUV&index=34&t=0s)



<https://www.scribd.com/doc/17105107/Salat-Step-by-Step-The-Shia-Way>

[https://www.al-islam.org/nutshell/laws\\_practices/5.htm](https://www.al-islam.org/nutshell/laws_practices/5.htm)

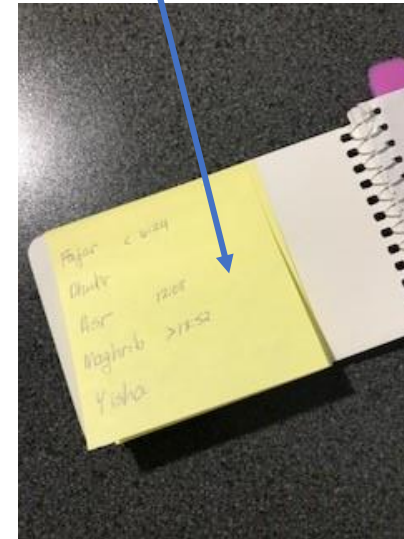
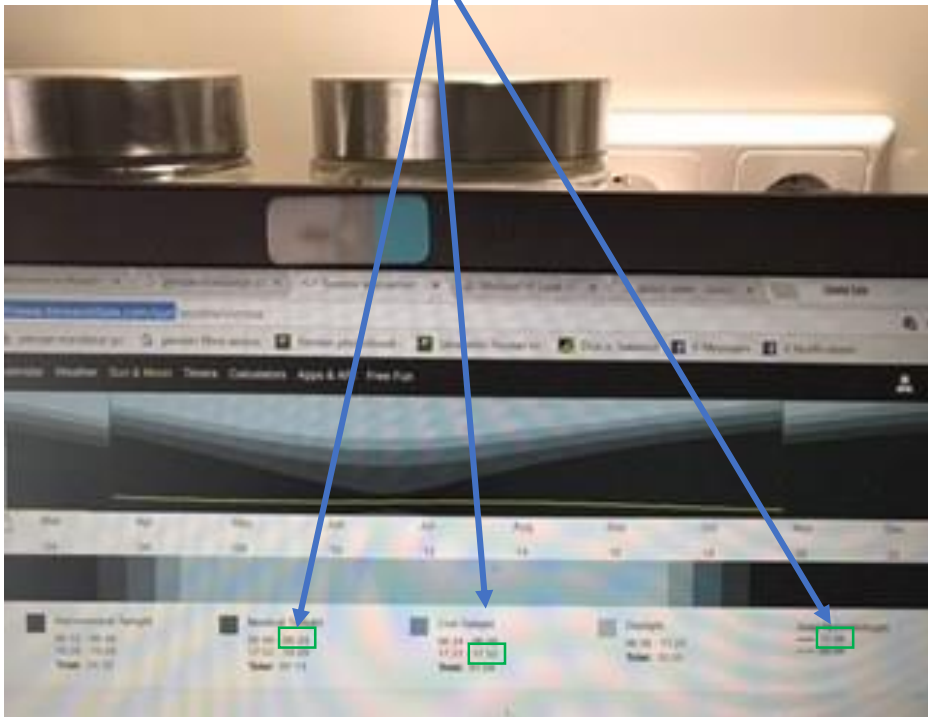
<https://www.sistani.org/english/book/48/2232/>

<http://alhassanain.org/english/?com=book&id=668>

# Prayer times

- Add a post it note with Dawn, Dusk and Noon times at the front. A post it because times change.
- The address below gives these times for all over the world.
- Use
  - nautical twilight for dawn
  - Civil twilight for dusk
  - Noon for mid day

<https://www.timeanddate.com/sun>



# Remember

- You must do wudhu or ghusl prior to praying. Information in link below

<http://alhasanain.org/english/?com=book&id=668>

- If you get distracted, briefly recognize your distraction and continue. Do not let this make you get discouraged and quit. When it happens to me I remember Allah's Mercy, Compassion, Forgiving Nature and Thank Him by briefly reciting four of His Names reflecting these qualities and then I move on.
  - ar Rahman
  - ar Rahim
  - al Ghafuur
  - asch Schakuur
    - See next page for descriptions of these 4 names



ar-Rahmān



**The Most Lovingly Beneficent, The Most Kind and Giving, The Most Gracious, The Infinitely Good**

The One who continually showers all of creation with blessings and prosperity without any disparity. The One who is most kind, loving and merciful.

The One whose endless, loving mercy is perfect and inclusive. The One who is overflowing with the quality of loving mercy and is continually pouring it upon all of creation.

The One whose perfect mercy and loving beneficence endlessly embrace all of creation. The One who loves and cherishes all of creation. The One who is most loving, gentle and merciful.

From the root r-h-m which has the following classical Arabic connotations:

- to have tenderness, gentleness, kindness
- to love
- to have mercy, to have pity
- to show favor and goodness
- to have all that is required for beneficence

**The Most Merciful, The Most Compassionate**

The One who grants even more grace and greater rewards in response to our good actions and high thoughts.

The One who greatly rewards those who use the Divine bounties and beneficence in a good way.

The One who has mercy on the merciful.

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This name is used in the Qur'an. For example, see 1:1



al-Ghafūr



**The Forgiving, The Forgiver of Sins and Faults, The Perfectly Forgiving, The Pardoner**

The One who completely forgives our sins and faults. The One who accepts repentance and pardons sins and faults.

The One who veils or forgives our faults and sins such that they are not seen by anyone else, not even the angels.

The One who is the perfection of forgiveness. The One whose forgiving demonstrates excellence, completeness and perfection of forgiveness.

From the root gh-f-r which has the following classical Arabic connotations:

- to cover, veil, conceal, hide
- to pardon, to forgive, to set aright
- to cover a thing to protect it from dirt

ash-Shakūr



**The Most Grateful, The Most Appreciative, The Rewarder of Good Works**

The One who is most thankful for righteousness and bestows great rewards for good deeds.

The One who gratefully gives large rewards, even for a small amount of good work.

The One who acknowledges and bountifully rewards all acts of goodness, thankfulness and praise.

The One who frequently and greatly approves, rewards and forgives.

From the root sh-k-r which has the following classical Arabic connotations:

- to praise or commend for a benefit or benefits
- to acknowledge beneficence
- to offer thanks, acknowledgement
- to be thankful, grateful
- to produce, supply, give forth bountifully

**Be merciful on yourself if you get off track. Repent, Receive, Thank and go again.**

# Get Started

- Once you have written all parts to all prayer cycles you are already 70% there with your learning. (You have written and rewritten 63 parts)
- Hold the notebook and begin to pray by reading in Arabic followed by your native language
- Within a short time you will no longer need your notes Inshala
- You can begin adding additional surrahs from the Quran after that

	Cycles	Opener	al Hamd	al Ahad	al-Tasbihat al-Arba`ah	Dhikr & Sajud	Salaatt	Completion	total parts
Fajar	2	1	2	2	0	2	1	1	9
Dhuhr	4	1	2	2	2	4	2	1	14
Asr	4	1	2	2	2	4	2	1	14
Maghrib	3	1	2	2	1	3	2	1	12
Yisha	4	1	2	2	2	4	2	1	14
								total	63

